

Working with early trauma in adults

A psychoanalytic approach to psychotic anxieties and defences

A monthly clinical seminar for arts psychotherapists, counsellors and psychotherapists working with people living with the consequences of early relational trauma. The aim is to develop participants' understanding of the relational territory that is encountered in psychotherapeutic work with people who may be described as 'borderline', 'narcissistic', 'difficult to reach' as well as those with psychiatric diagnoses of psychosis or personality disorder. Psychoanalytic understanding enables the emotional experience of this territory to become more thinkable, and therefore more available to the therapist's reflective work, whatever approach is being used.

The seminars aim to provide a confidential space in which participants can refresh their theoretical and experiential understanding of challenging issues in their work by sharing and discussing case material. No more than 2 cases will be presented by participants on each occasion, enabling the group to reflect in depth on the material presented and arrive at insights informed by psychoanalytic understanding.

The seminars can be attended on a continuous or one-off basis. There are places for 2-8 participants.

The venue is within a few minutes' drive of Junction 13 of the M1.

Venue: Husborne Crawley Reading Room, corner of School Lane and Turnpike Road, Husborne Crawley, Bedfordshire, MK43 0XE

Dates: Wednesdays 26 September, 31 October, 28 November (last Wednesdays of the month)

Time: 4.30 – 6.30 pm

Seminar Leader: Katherine Killick trained as an artist, art therapist and a Jungian psychoanalyst. She worked full time as an art therapist in adult mental health for over 15 years. She developed a specialised art-psychotherapeutic approach to psychosis about which she has written extensively and on the subject of which she teaches regularly in various settings. She went on to train as a Jungian psychoanalyst and works in private practice near Woburn in Bedfordshire. She is a Training Analyst of the Society of Analytical Psychology and a Training and Supervising Analyst of the British Jungian Analytic Association, and is currently undertaking further training as a family systems constellations facilitator. She has a theoretical interest in the interface between the work of Jung and that of Bion, and contributes her understanding of working with borderline states of mind to the Jungian analytic trainings at the Society of Analytical Psychology and the West Midlands Institute of Psychotherapy through her work as a seminar leader. Further information can be found on www.katherinekillick.co.uk

Fees: £45 per seminar payable in advance

Contact: Katherine Killick on info@katherinekillick.co.uk for further information and application form